#### 4 SIMPLE TIPS FOR

# SAFETY

ECU College of Nursing wants you to stay safe. Try these 4 simple tips.



### 1 WALKING

Always park and walk in well-lit areas. Walkin groups/pairs.

Consider using a Health Science

Police escort by calling 744-2246.



## BE AWARE OF YOUR SURROUNDINGS

Pay attention to what is going on around you. Don't be distracted by music, texting or games on your phone.



## 3 SHARE YOUR ROUTE

Tell your family, friends and peers which route you routinely take and consider using a tracking app.

Avoid shortcuts and isolated areas.



Download and use the LiveSafe app. Also, consider carrying a flashlight and whistle.



#### STAY SAFE!

