

# Pirate Safety Guide



# **General Preparedness** and Safety Tips

Being prepared for an emergency is every Pirate's responsibility. Here are some tips to help you be Pirate Ready!

- Dial 9-1-1 from your cell phone or campus phone when you need Police, Fire, or Emergency Medical Services, Remain calm; your actions influence others.
- Sign up for ECU Alert at www.ecu.edu/alert. It will provide official information and instructions during an emergency.
- Always lock your door and secure your valuables to protect yourself and your personal property.
- Create a contact in your cell phone called I.C.E. (In Case of Emergency) with your emergency contact information.
- Get to know where blue light phones are located. They connect directly to ECU Police.
- Use ECU SafeRide to catch a ride after dark. Call 252-ECU-RIDE (328-7433).



# **How Do I Report An Emergency or Crime?**

Police/Fire/Medical: Report all emergencies or crimes by dialing 9-1-1 from your cell phone or campus phone.

- Tell the telecommunicator you are at ECU, and give the building name or, if you know it, the building address.
- Describe the nature of the emergency clearly and accurately.
- State your full name and telephone number from which you are calling.
- Remain calm and do not hang up, as additional information may be needed.
- Get to a safe location before calling authorities.



# What If There is a **Medical Emergency?**

Provide plenty of space for the victim and emergency personnel.

- Call 9-1-1. Send someone outside to escort emergency medical personnel to the victim.
- Unless they are in immediate danger, do not move any victims until emergency personnel arrive
- If properly trained, give appropriate first aid and/ or CPR until emergency personnel arrive.



### How Do I Evacuate **Campus Buildings?**

Know at least two evacuation routes. Look for illuminated EXIT signs.

- When the fire alarm sounds, you must evacuate. Do not use elevators.
- Encourage others to evacuate with you. Do not wait for those who refuse to leave.
- Provide emergency personnel the location of people still in the building after you evacuate.
- Go to the designated evacuation assembly area for the building, or move at least 100 paces away from the building to provide space for emergency personnel.

### **Register for ECU Alert**

Go to www.ecu.edu/alert to register to receive text messages on your cell phone during an emergency. Rely on official information from ECU Alert to keep you informed during a campus emergency.

#### For More Safety Information

**ECU Police Department** www.ecu.edu/police

**Environmental Health and Safety** www.ecu.edu/oehs

**ECU Cares** 

www.ecu.edu/ecucares









# How do I assist an Individual with a Disability?

For more information about special assistance, contact ECU Disability Support Services (252-737-1016).

- Mobility Impaired: Guide the person to the nearest exit stairwell or safe area of refuge. Never use elevators. Call 9-1-1 or report the individual's location to emergency personnel on the scene.
- Blindness or Visual Impairment: Clearly announce the emergency. Offer your arm for guidance. Lead the person and warn them of obstacles.
- Deaf or Hard of Hearing: Signal for the person's attention by touch or turning lights on and off. Indicate what is happening through gestures or a written note.



# What If There is a Weather or Outdoor Emergency?

Shelter-in-place may be necessary during a tornado or other severe weather warning or an environmental emergency.

- Find a sturdy building and go inside. Follow instructions from faculty and staff.
- Stay away from windows, glass, and objects that could fall on you.
- Seek additional information on the ECU Alert website (www.ecu.edu/alert) and tune into local media resources for emergency information.
- For weather information, visit www.weather.gov.





### Look Out for Yourself, Friends, and Coworkers

Trust your instincts; if it feels wrong, it probably is. Contact police (call 9-1-1 for assistance).

- Use the SafeWalk feature on the LiveSafe app to look out for others.
- Use a buddy system. Make sure all friends that arrived are accounted for when you head home.
- The safest choice is not drinking alcohol. If you choose to drink alcohol, drink responsibly and make sure that friends watch out for other friends.
- When going out at night, have a plan for how to get home. Always have a friend available to pick you up if you get stuck at a party or location where you feel uncomfortable.



# What If There is Violence or an Active Assailant?

ECU Alert may announce a lockdown. Follow the Run-Hide-Fight tips.

#### Run

- Know your surroundings. Think of an escape route and a plan.
- Run immediately. Leave your belongings behind.
- If not in or near a building, exit campus until situation is resolved.
- Call 9-1-1 when safe to do so.

#### Hide

- If you can't escape, hide in an area out of view.
- Lock or barricade the door and turn off lights.
- Silence cell phone (including vibrate mode) and remain quiet. Message ECU Police with LiveSafe.
- Take cover behind large objects away from doors and windows.

### **Fight**

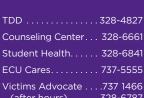
- Fight as a last resort and only when your life is in imminent danger.
- Use items around you as weapons.
- Attempt to incapacitate the shooter.
- Commit to your actions; your life depends on it.



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Follow "@ECUalert,"
"@EastCarolina,"
and "@ECUPolice"
on Twitter



**Emergency Numbers** 

**Get ECU Alert Information** 

Emergency . . . . . . . . . . . . 911

Non-Emergency . . . . 328-6787

(Health Sciences). . 744-2246

(252 Area Code)

www.ecu.edu/alert

**ECU Police** 

Non-Emergency

(after hours) . . . . . 328-6787 Off Campus Emergency . . . 911 Poison Control . . . . . 1-800-222-1222 REAL Crisis Center . . 758-4357

SafeRide . . . . . . . . . . 328-7433

### **ECU Cares**

ECU Cares is a resource for students, faculty, staff, and all members of our campus community to submit reports about concerning behavior or safety concerns. We all have a responsibility in keeping our campus community safe. Therefore, if you see something concerning, say something—make a report to ECU Cares. Reports can be made anonymously.

Additionally, ECU Cares provides information about resources available on campus to assist members of the campus community who have concerns about their or someone else's physical health, emotional/mental health, safety concerns on or off campus, or may have been a victim of a crime, including sexual violence.

You can access ECU Cares by calling 252-737-5555 or going to www.ecu.edu/ecucares.



